

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY 1   | FRIDAY 2   |
|---|--|---|--|--|
| <p>Kids 'R' Kids of Flower Mound is a <b>Nut Free and Red Meat Free</b> facility.</p> <p>Vegetarian option is available</p>   | <p>Applesauce will be substituted for any allergy reason or age appropriate snacks.</p>   | <p>Water is served at every meal and after all Outdoor Adventure times.</p>    | <p><b>Breakfast:</b> Whole Grain Cinnamon Toast, Turkey Bacon, Orange, Orange Juice, Milk</p> <p><b>Lunch:</b> Broccoli &amp; Cheese Rice Casserole, Watermelon, Milk</p> <p><b>Snack:</b> String Cheese &amp; Crackers, Water</p>             | <p><b>Breakfast:</b> Cereal, Mixed Fruit Salad, Orange Juice, Milk</p> <p><b>Lunch:</b> Chicken Taquitos, Mixed Veggies, Mixed Fruit Salad, Milk</p> <p><b>Snack:</b> Animal Crackers with Orange Slices</p>           |
| <p>5</p> <p><b>Breakfast:</b> Oatmeal w/ Blueberries, Turkey Sausage, Orange Juice, Milk</p> <p><b>Lunch:</b> Chicken Dumplings, Apples, Milk</p> <p><b>Snack:</b> KRK Trail Mix, Mandarin Oranges, Water</p>                         | <p>6</p> <p><b>Breakfast:</b> Pancake Bites, Turkey Bacon, Bananas, Orange Juice, Milk</p> <p><b>Lunch:</b> Pinto Bean &amp; Cheese Burritos, House Salad, Watermelon, Milk</p> <p><b>Snack:</b> Graham Crackers with Cream Cheese, Water</p>  | <p>7</p> <p><b>Breakfast:</b> Bagels with Grape Jelly, Turkey Bacon, Orange Juice, Milk</p> <p><b>Lunch:</b> Turkey Meatloaf, Green Beans, Oranges, Milk</p> <p><b>Snack:</b> Yogurt &amp; Animal Crackers, Water</p>                       | <p>8</p> <p><b>Breakfast:</b> French Toast Sticks with Syrup, Oranges, Orange Juice, Milk</p> <p><b>Lunch:</b> Cheeseburger Casserole, Broccoli, Watermelon, Milk</p> <p><b>Snack:</b> Cheerios &amp; Bananas, Water</p>                       | <p>9</p> <p><b>Breakfast:</b> Cereal, Mixed Fruit Salad, Orange Juice, Milk</p> <p><b>Lunch:</b> Chicken Nuggets, Mixed Veggies, Mixed Fruit Salad, Milk</p> <p><b>Snack:</b> Jell-O with Mixed Fruit, Water</p>       |
| <p>12</p> <p><b>Breakfast:</b> Oatmeal w/ Blueberries, Turkey Sausage, Orange Juice, Milk</p> <p><b>Lunch:</b> Chicken Alfredo, Broccoli, Apples, Milk</p> <p><b>Snack:</b> KRK Trail Mix, Mandarin Oranges, Water</p>                | <p>13</p> <p><b>Breakfast:</b> Whole Wheat Blueberry Muffins, Turkey Bacon, Orange Juice, Milk</p> <p><b>Lunch:</b> Sheppard's Pie, Watermelon, Milk</p> <p><b>Snack:</b> Baby Carrots &amp; Ranch, Crackers, Water</p>                        | <p>14</p> <p><b>Breakfast:</b> Biscuits &amp; Turkey Sausage Gravy, Bananas, Orange Juice, Milk</p> <p><b>Lunch:</b> Chicken Fried Rice Mixed with Veggies, Oranges, Milk</p> <p><b>Snack:</b> Vanilla Pudding, Nilla Wafers, Water</p>     | <p>15</p> <p><b>Breakfast:</b> Whole Grain Cinnamon Toast, Turkey Bacon, Oranges, Orange Juice, Milk</p> <p><b>Lunch:</b> Pasta with Turkey Marinara Sauce, Broccoli, Watermelon, Milk</p> <p><b>Snack:</b> String Cheese, Crackers, Water</p> | <p>16</p> <p><b>Breakfast:</b> Cereal, Mixed Fruit Salad, Orange Juice, Milk</p> <p><b>Lunch:</b> Pizza, Mixed Veggies, Mixed Fruit Salad, Milk</p> <p><b>Snack:</b> Animal Crackers with Orange Slices</p>            |
| <p>19</p> <p><b>Breakfast:</b> Oatmeal w/ Blueberries, Turkey Sausage, Orange Juice, Milk</p> <p><b>Lunch:</b> Grilled Chicken, Mashed Potatoes, Rolls, Apples, Milk</p> <p><b>Snack:</b> KRK Trail Mix, Mandarin Oranges, Water</p>  | <p>20</p> <p><b>Breakfast:</b> Pancake Bites, Turkey Bacon, Bananas, Orange Juice, Milk</p> <p><b>Lunch:</b> Pinto Bean &amp; Cheese Burritos, House Salad, Watermelon, Milk</p> <p><b>Snack:</b> Graham Crackers with Cream Cheese, Water</p> | <p>21</p> <p><b>Breakfast:</b> Bagels with Grape Jelly, Turkey Bacon, Orange Juice, Milk</p> <p><b>Lunch:</b> BBQ Chicken will Rolls, Green Beans, Oranges, Milk</p> <p><b>Snack:</b> Yogurt &amp; Crackers, Water</p>                      | <p>22</p> <p><b>Breakfast:</b> French Toast Sticks with Syrup, Oranges, Orange Juice, Milk</p> <p><b>Lunch:</b> Turkey &amp; Cheese Melts on Wheat Bread, Broccoli, Watermelon, Milk</p> <p><b>Snack:</b> Cheerios &amp; Bananas, Water</p>    | <p>23</p> <p><b>Breakfast:</b> Cereal, Mixed Fruit Salad, Orange Juice, Milk</p> <p><b>Lunch:</b> Chicken Nuggets, Mixed Veggies, Mixed Fruit Salad, Milk</p> <p><b>Snack:</b> Jell-O with Mixed Fruit, Water</p>      |
| <p>26</p> <p><b>Breakfast:</b> Oatmeal w/ Blueberries, Turkey Sausage, Orange Juice, Milk</p> <p><b>Lunch:</b> Sweet &amp; Sour Chicken with Rice, Green Beans, Apples, Milk</p> <p><b>Snack:</b> KRK Trail Mix, Mandarin Oranges</p> | <p>27</p> <p><b>Breakfast:</b> Whole Wheat Blueberry Muffins, Turkey Bacon, Orange Juice, Milk</p> <p><b>Lunch:</b> Taco Salad, Watermelon, Milk</p> <p><b>Snack:</b> Baby Carrots &amp; Ranch, Crackers, Water</p>                            | <p>28</p> <p><b>Breakfast:</b> Biscuits &amp; Turkey Sausage Gravy, Bananas, Orange Juice, Milk</p> <p><b>Lunch:</b> Soy Butter &amp; Jelly on Wheat Bread, Apples, Milk</p> <p><b>Snack:</b> Vanilla Pudding &amp; Nilla Wafers, Water</p> | <p>29</p> <p><b>Breakfast:</b> Whole Grain Cinnamon Toast, Turkey Bacon, Orange, Orange Juice, Milk</p> <p><b>Lunch:</b> Broccoli &amp; Cheese Rice Casserole, Peaches, Milk</p> <p><b>Snack:</b> String Cheese &amp; Crackers, Water</p>      | <p>30</p> <p><b>Breakfast:</b> Cereal, Mixed Fruit Salad, Orange Juice, Milk</p> <p><b>Lunch:</b> Chicken Taquitos, Mixed Veggies, Mixed Fruit Salad, Milk</p> <p><b>Snack:</b> Animal Crackers with Orange Slices</p> |