

# June 2016 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Kids 'R' Kids of Flower Mound is a <b>Nut Free and Red Meat Free</b> facility.</p> <p>Vegetarian option is available</p>	<p><b>Water is served at every meal and after all Outdoor Adventure times.</b></p>	<p><b>Breakfast:</b> Biscuits &amp; Turkey Sausage Gravy, Bananas, Orange Juice, Milk <b>Lunch:</b> Soy Butter &amp; Jelly on Wheat Bread, Bananas, Carrots, Milk <b>Snack:</b> Vanilla Pudding &amp; Nilla Wafers, Water</p>	<p><b>Breakfast:</b> Whole Grain Cinnamon Toast, Turkey Bacon, Apples, Oranges Juice, Milk <b>Lunch:</b> Turkey &amp; Cheese Melts on Wheat Bread, Broccoli, Peaches, Milk <b>Snack:</b> String Cheese &amp; Crackers, Water</p>	<p><b>Breakfast:</b> Cereal, Mixed Fruit Salad, Orange Juice, Milk <b>Lunch:</b> Chicken Taquitos, Mixed Veggies, Mixed Fruit Salad, Milk <b>Snack:</b> Animal Crackers with Orange Slices</p>
<p><b>Breakfast:</b> Whole Wheat Blueberry Muffins, Turkey Sausage, Orange Juice, Milk <b>Lunch:</b> Chicken Quesadillas, Carrots, Apples, Milk <b>Snack:</b> KRK Trail Mix, Mandarin Oranges, Water</p>	<p><b>Breakfast:</b> Pancake Bites, Turkey Bacon, Oranges, Orange Juice, Milk <b>Lunch:</b> Pinto Bean &amp; Cheese Burritos, House Salad, Watermelon, Milk <b>Snack:</b> Graham Crackers &amp; Cream Cheese, Water</p>	<p><b>Breakfast:</b> Bagels with Grape Jelly, Turkey Bacon, Orange Juice, Milk <b>Lunch:</b> Turkey Meatloaf, Green Beans, Oranges, Milk <b>Snack:</b> Yogurt &amp; Animal Crackers, Water</p>	<p><b>Breakfast:</b> French Toast Sticks, Apples, Orange Juice, Milk <b>Lunch:</b> Macaroni &amp; Cheese, Broccoli, Peaches, Milk <b>Snack:</b> Cheerios &amp; Bananas, Water</p>	<p><b>Breakfast:</b> Cereal, Mixed Fruit Salad, Orange Juice, Milk <b>Lunch:</b> Chicken Nuggets, Mixed Veggies, Mixed Fruit Salad, Milk <b>Snack:</b> Cucumbers &amp; Ranch, Crackers, Water</p>
<p><b>Breakfast:</b> English Muffins &amp; Grape Jelly, Turkey Sausage, Orange Juice, Milk <b>Lunch:</b> Chicken Alfredo, Broccoli, Apples, Milk <b>Snack:</b> KRK Trail Mix, Mandarin Oranges, Water</p>	<p><b>Breakfast:</b> Eggs &amp; Potatoes, Oranges, Orange Juice, Milk <b>Lunch:</b> Whole Wheat Grilled Cheese, Salad, Watermelon, Milk <b>Snack:</b> Baby Carrots &amp; Ranch, Crackers, Water</p>	<p><b>Breakfast:</b> Biscuits &amp; Turkey Sausage Gravy, Bananas, Orange Juice, Milk <b>Lunch:</b> Chicken Fried Rice, Green Beans, Oranges, Milk <b>Snack:</b> Vanilla Pudding &amp; Nilla Wafers, Water</p>	<p><b>Breakfast:</b> Whole Grain Cinnamon Toast, Turkey Bacon, Apples, Orange Juice, Milk <b>Lunch:</b> Pasta with Turkey Marinara Sauce, Broccoli, Peaches, Milk <b>Snack:</b> String Cheese &amp; Crackers, Water</p>	<p><b>Breakfast:</b> Cereal, Mixed Fruit Salad, Orange Juice, Milk <b>Lunch:</b> Pizza, Mixed Veggies, Mixed Fruit Salad, Milk <b>Snack:</b> Animal Crackers with Orange Slices, Water</p>
<p><b>Breakfast:</b> Whole Wheat Blueberry Muffins, Turkey Sausage, Orange Juice, Milk <b>Lunch:</b> Grilled Chicken, Mashed Potatoes, Rolls, Apples, Milk <b>Snack:</b> KRK Trail Mix, Mandarin Oranges, Water</p>	<p><b>Breakfast:</b> Pancake Bites, Turkey Bacon, Oranges, Orange Juice, Milk <b>Lunch:</b> Pinto Beans with Seasoned Rice, House Salad, Watermelon, Milk <b>Snack:</b> Graham Crackers with Cream Cheese, Water</p>	<p><b>Breakfast:</b> Bagels with Grape Jelly, Turkey Bacon, Orange Juice, Milk <b>Lunch:</b> BBQ Chicken with Rolls, Green Beans, Oranges, Milk <b>Snack:</b> Yogurt &amp; Crackers, Water</p>	<p><b>Breakfast:</b> French Toast Sticks, Apples, Orange Juice, Milk <b>Lunch:</b> Broccoli &amp; Cheese Rice Casserole, Peaches, Milk <b>Snack:</b> Cheerios &amp; Bananas, Water</p>	<p><b>Breakfast:</b> Cereal, Mixed Fruit Salad, Orange Juice, Milk <b>Lunch:</b> Chicken Nuggets, Mixed Veggies, Mixed Fruit Salad, Milk <b>Snack:</b> Cucumbers &amp; Ranch, Crackers, Water</p>
<p><b>Breakfast:</b> English Muffins &amp; Grape Jelly, Turkey Sausage, Orange Juice, Milk <b>Lunch:</b> Sweet &amp; Sour Chicken with Rice, Green Beans, Apples, Milk <b>Snack:</b> KRK Trail Mix, Mandarin Oranges, Water</p>	<p><b>Breakfast:</b> Eggs &amp; Potatoes, Oranges, Orange Juice, Milk <b>Lunch:</b> Turkey Enchilada Casserole, House Salad, Watermelon, Milk <b>Snack:</b> Baby Carrots &amp; Ranch, Crackers, Water</p>	<p><b>Breakfast:</b> Biscuits &amp; Turkey Sausage Gravy, Bananas, Orange Juice, Milk <b>Lunch:</b> Soy Butter &amp; Jelly on Wheat Bread, Bananas, Milk <b>Snack:</b> Vanilla Pudding &amp; Nilla Wafers, Water</p>	<p><b>Breakfast:</b> Whole Grain Cinnamon Toast, Turkey Bacon, Apples, Oranges Juice, Milk <b>Lunch:</b> Turkey &amp; Cheese Melts on Wheat Bread, Broccoli, Peaches, Milk <b>Snack:</b> String Cheese &amp; Crackers, Water</p>	<p><b>Applesauce will be substituted for any allergy reason or age appropriate snacks.</b></p>